

## *In The Words of Dr. Pei A Personal Life Story*



Growing up in a village in Taiwan, I've always understood the value of nature and foods. It is sad that I later developed bad eating habits as a kid after moving to the States, when all I ever wanted to eat was McDonalds and other fast foods. As a result, my health suffered, though not apparent at first. My teeth started decaying, forming many cavities and thus were filled with mercury fillings. The one positive thing I did was remain athletically active. I was always in the school basketball and track team until I finished high school, and so my own fitness was good enough to overcome nutritional deficiencies. This poor eating habit continued until I reached college, when I sensed my metabolism and health were no longer well enough to battle the aches and pains, along with notable deterioration in my teeth. I had to visit my dentist very often, until he retired a few years ago. Around the same time, my young cousin had developed a flu virus, and his doctor prescribed some form of ibuprofen or other immune suppressive drugs, a few days later, he developed meningitis from the flu and had been a human vegetable for the last 17 years. I devoted myself to the study of alternative medicine ever since; because I felt natural therapy was the way we were brought to life, and it shouldn't be interfered with synthetic drugs. After finishing my chiropractic degree, the thirst for more nutritional knowledge could not be fulfilled, so I studied deeper into advance nutrition. At that time, I went on a volunteer mission trip to Bolivia to help the poor. People there were in bad shape nutritionally, and there was nothing we could do unless they start making life style shifts.

Perhaps fate played a trick on me, because a year later, I went down with severe mercury poisoning. At first I had no idea what hit me, and I simply thought it was the stress of life and work, as my father was diagnosed with malignant Non-Hodgkin's Lymphoma, while my grandmother was admitted to the hospital for cardiovascular conditions. A few months passed by, and I realized my condition was steadily worsening, and finally I became bed ridden for the better part of September through November 2007. I had lost 35 pounds with severe acne on the face, along with excruciating pain all over the body. I had to quit my chiropractic job to try and heal. After visiting many Western medicine doctors for blood and urine analysis, none of them knew what happened to me (I had to go western medicine to acquire records for my file). My colleague in the same line of work had just done an analysis and informed me that I had severe mercury from the unsafe dental amalgam extraction from the previous year. So the cause is found, and remedy is put into place, thus I began my healing journey, going strong everyday. Without the help of kinesiology analysis, I would not be here talking to you. The dramatic effects of poison and cure can only be felt and explained by the people who have experienced this firsthand. Therefore, I urge you to join me in this battle against poor health, an ongoing journey that is sure to continue, to provide a better environment for our next generation. They are the cornerstones of the society, and it's time to let them know the truth and be healthy once again, the way our ancestors did 100 years ago.